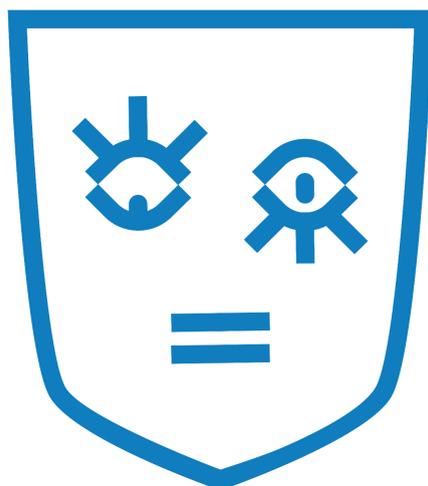


ERA 4.4 “GENDER DRAMA ID”

DIGITAL TRAINING TOOL

**DRAMA BASED TRAINING PROGRAM FOR INCREASING
THE GENDER EQUALITY IN PERSONS WITH INTELLECTUAL DISABILITIES**



GENDER DRAMA-ID

ERASMUS+ KA220-ADU Adult Education



**Co-funded by
the European Union**

Project Agreement Number:
2022-1-ES01-KA220-ADU-000088102

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Project Agreement Number:
2022-1-ES01-KA220-ADU-000088102



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1. Introduction

The **ERA 4.4** of Work Package 4 (WP4): Development of a Digital Training Tool focuses on delivering the final version of the Digital Training Tool, incorporating feedback from the participating organisations: FEVADIS, CERCILISBOA, HURT, and EDRA, which was gathered during the revision of the Beta version.

Developed within the framework of the GENDER DRAMA project, this tool is the primary outcome of WP4. It not only supports PID (Persons with Intellectual Disabilities) and their trainers in implementing drama-based training methodologies for gender equality but also facilitates the development of essential transversal skills such as communication, creativity, self-expression, critical thinking, and digital literacy. By integrating these skills, the tool empowers PID participants to engage more fully in the training process and the gender equality landscape.

The Digital Training Tool is designed to be responsive, multilingual, and accessible, meeting diverse needs. It provides structured content and practical tools that help trainers deliver comprehensive, engaging training materials. Its user-friendly interface adapts to various devices, making it accessible for participants with different abilities and contexts.

This document provides a detailed description of the final tool, as approved by the consortium, and outlines its key areas and functionalities, demonstrating how it contributes to the overall objectives of the GENDER DRAMA project.

2. Digital Training Tool

As explained in the ERA4.2 Digital Training Tool Beta version, the tool was designed and developed to meet the project needs and training objectives, considering the characteristics of the primary users, Persons with Intellectual Disabilities (PID). The tool was embedded into the project website to ease its use and availability under the title Training Platform; see figure below. The tool is accessible through this link: <https://genderdramaid.eu/categories/>

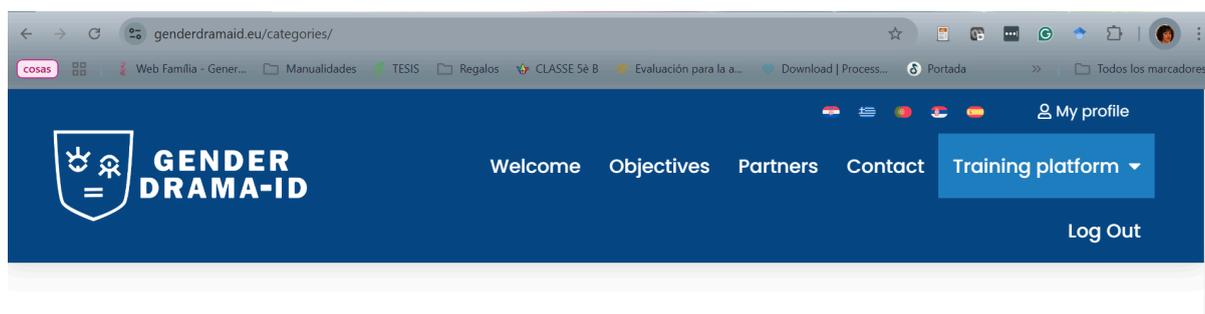


Figure 1 Digital Training Tool within the project web page

Overall, the tool contains all the material developed during the project and promotes the PID participation in different tasks to acquire digital skills while creating a drama play. The tool is structured under six categories: gender issues in activities of daily living, leisure, education, work, relationships and drama-based training. As the web page, the tool has been developed in the six official project languages: English, Croatian, Serbian, Greek, Portuguese and Spanish.

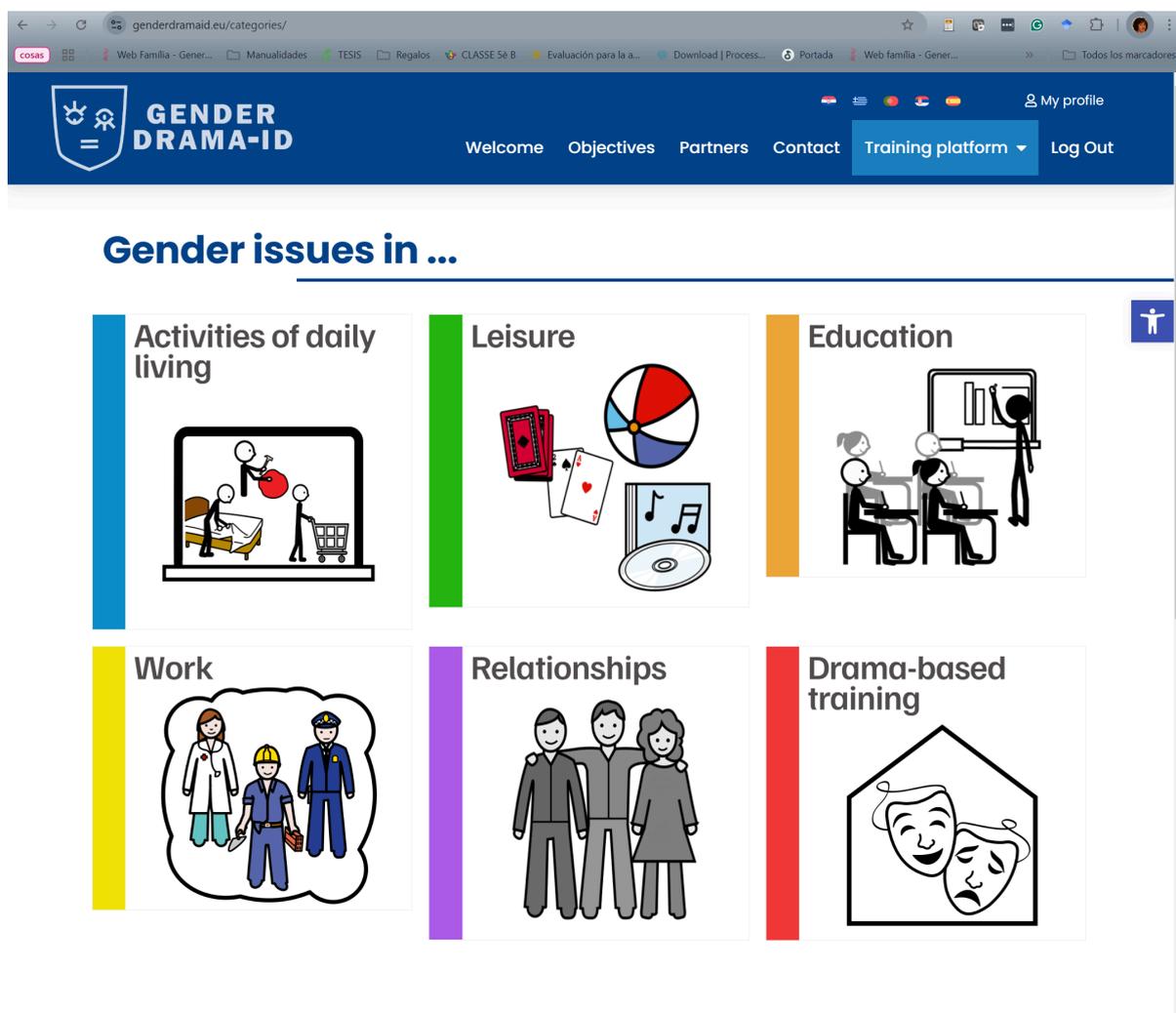


Figure 2 Digital Training Tool main area

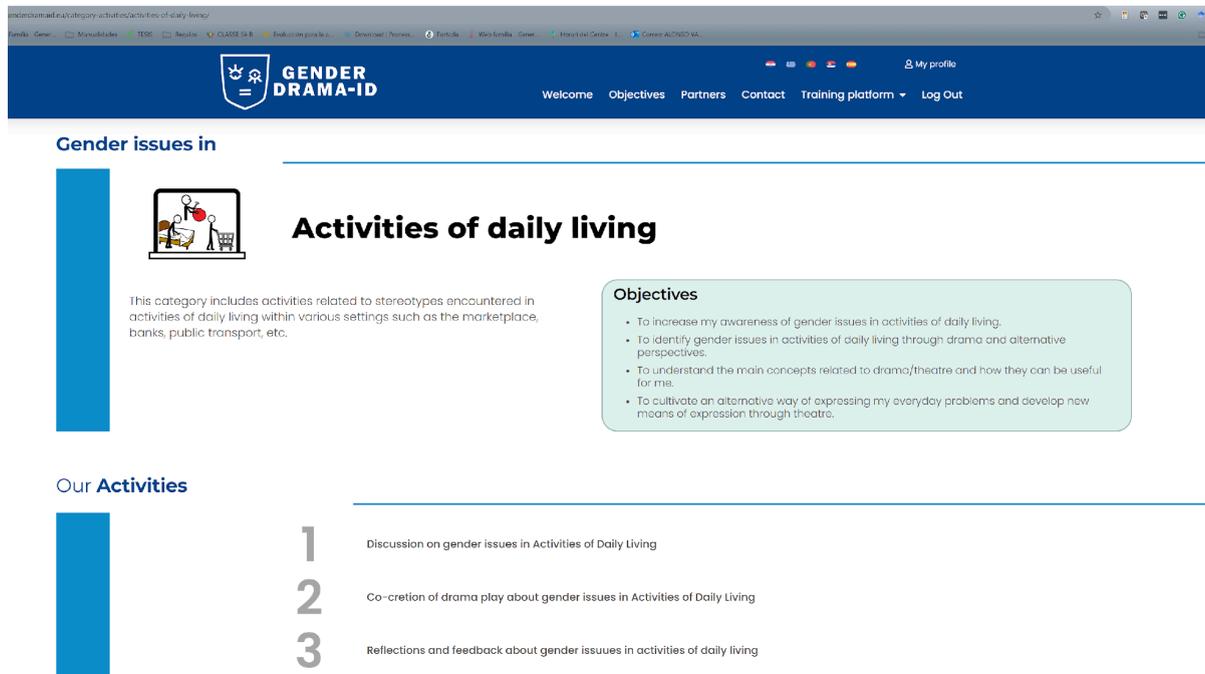
Under each category, the content is structured, differentiating under public and private access. Therefore, the public content includes the material developed by the project partners, and the private part supports the creation and development of drama plays and the interaction among the PID participants and includes the content they created. The following sections will give more details and some screenshots of the two parts of the tool.

Although the creation of an ICT tool for video creation and editing was planned, it was discovered that the ideal and simplest way for the usability for PIDs was to use a tool already created for such use; therefore, the Capcut interface was identified as the most suitable and an accessible user guide was created.

2.1. Area 1 – Tool public area

This area provides a central repository of content for trainees so they can access the training materials in a structured manner. All content developed in the framework of the project (training material) is open and freely accessible (without enrolment). The structure is clear and straightforward, using simple sentences and pictograms when possible.

As explained, all the content is structured under the same three activities and belongs to one of the six categories. Each category has a title, a pictogram that describes the title, a short description, a training objective and the activities under which the content is structured. The figure below includes an example of gender issues in daily living activities.



The screenshot shows the 'Gender issues in Activities of daily living' page on the GENDER DRAMA-ID website. The page features a blue header with the logo and navigation links. The main content area is divided into sections: 'Gender issues in Activities of daily living' with a description and a list of objectives, and 'Our Activities' with a numbered list of three activities.

Gender issues in Activities of daily living

This category includes activities related to stereotypes encountered in activities of daily living within various settings such as the marketplace, banks, public transport, etc.

Objectives

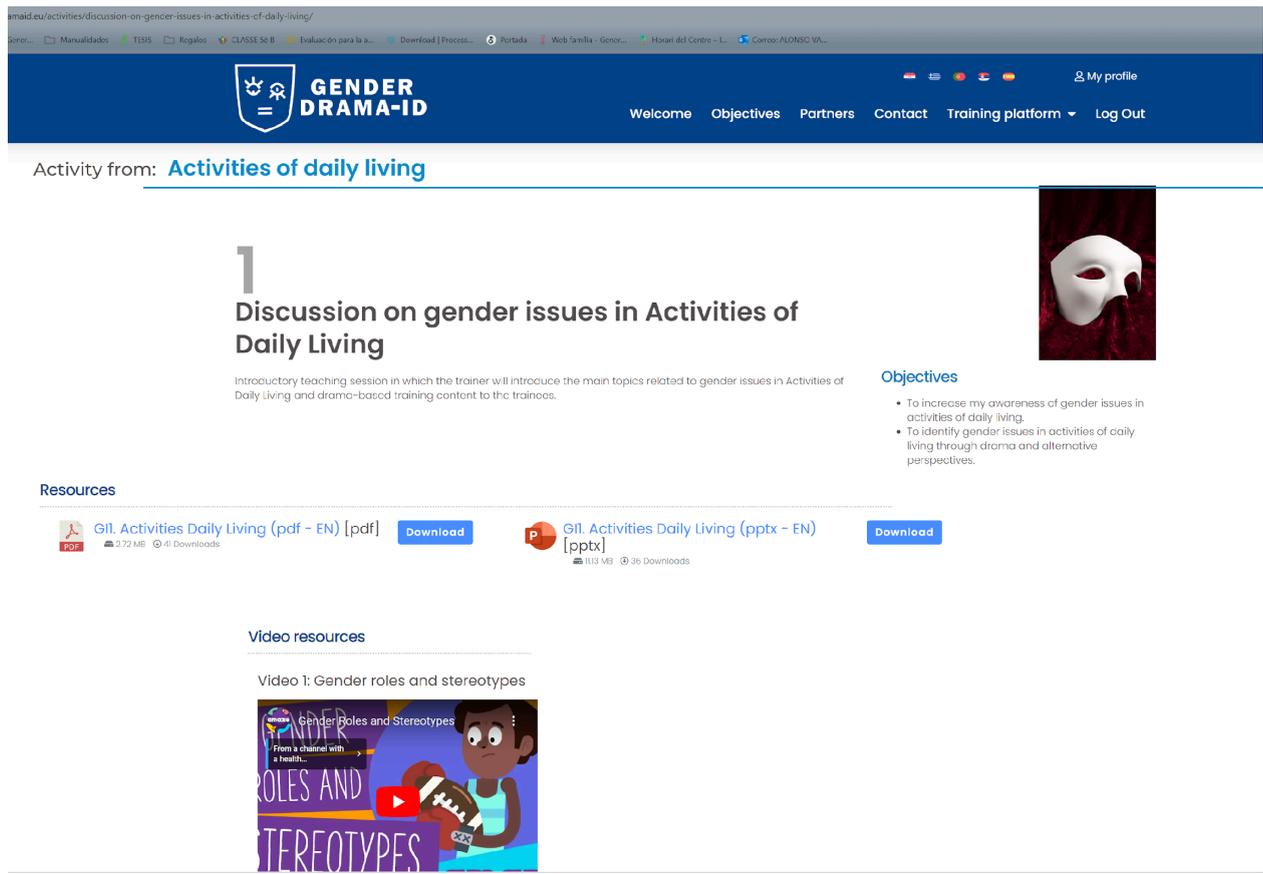
- To increase my awareness of gender issues in activities of daily living.
- To identify gender issues in activities of daily living through drama and alternative perspectives.
- To understand the main concepts related to drama/theatre and how they can be useful for me.
- To cultivate an alternative way of expressing my everyday problems and develop new means of expression through theatre.

Our Activities

- 1 Discussion on gender issues in Activities of Daily Living
- 2 Co-creation of drama play about gender issues in Activities of Daily Living
- 3 Reflections and feedback about gender issues in activities of daily living

Figure 3 Gender issues in activities of daily living

Following the example, for gender issues in activities of daily living, the content is structured under the activities: discussion on gender issues in activities of daily living, co-creation of drama play about gender issues in activities of daily living, and reflections and feedback about gender issues in activities of daily living (see Figure 4).



The screenshot shows a web browser window with the URL `gender-drama-id.eu/activities/discussion-on-gender-issues-in-activities-of-daily-living/`. The page header includes the GENDER DRAMA-ID logo and navigation links: Welcome, Objectives, Partners, Contact, Training platform, and Log Out. The main content area is titled "Activity from: **Activities of daily living**".

The activity is titled "1 Discussion on gender issues in Activities of Daily Living". The description states: "Introductory teaching session in which the trainer will introduce the main topics related to gender issues in Activities of Daily Living and drama-based training content to the trainees." The objectives are:

- To increase my awareness of gender issues in activities of daily living.
- To identify gender issues in activities of daily living through drama and alternative perspectives.

The Resources section lists two downloadable files:

- GII. Activities Daily Living (pdf - EN) [pdf]**: 2.72 MB, 41 Downloads
- GII. Activities Daily Living (pptx - EN) [pptx]**: 11.3 MB, 36 Downloads

The Video resources section includes "Video 1: Gender roles and stereotypes" with a thumbnail image showing a person holding a sign that says "GENDER ROLES AND STEREOTYPES".

Figure 4 Gender issues in activities of daily living: activities and content

Figure 4 shows how the resources associated with the category *activities of daily living* and the activity *discussion on gender issues in activities of daily living* are presented. This activity includes downloadable resources (PDF and PowerPoint presentations) and videos (external resources).

All the categories are structured in the same manner except for the drama-based training one. In this case, four activities are included: introduction to drama-based, create your play, DBT techniques, and reflections and feedback, as shown in Figure 5.

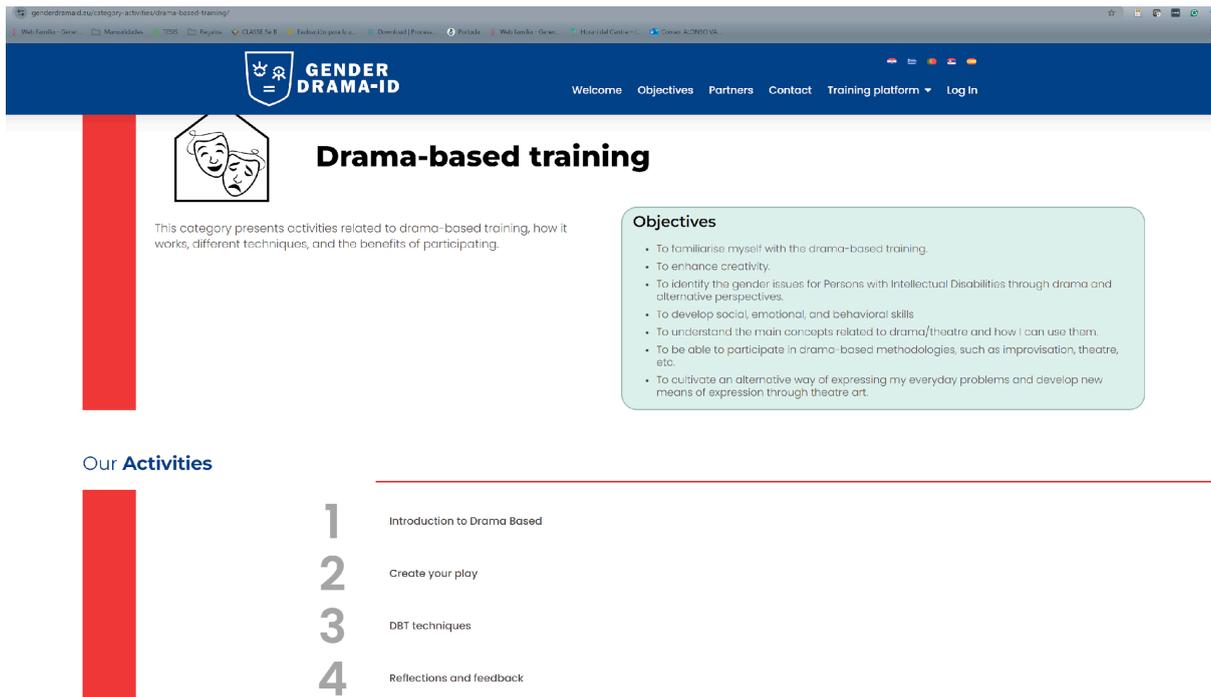


Figure 5 Drama-based training category

The user can navigate within the different activities and categories using the main bar at the top (Figure 6) or the bottom menu (Figure 7).

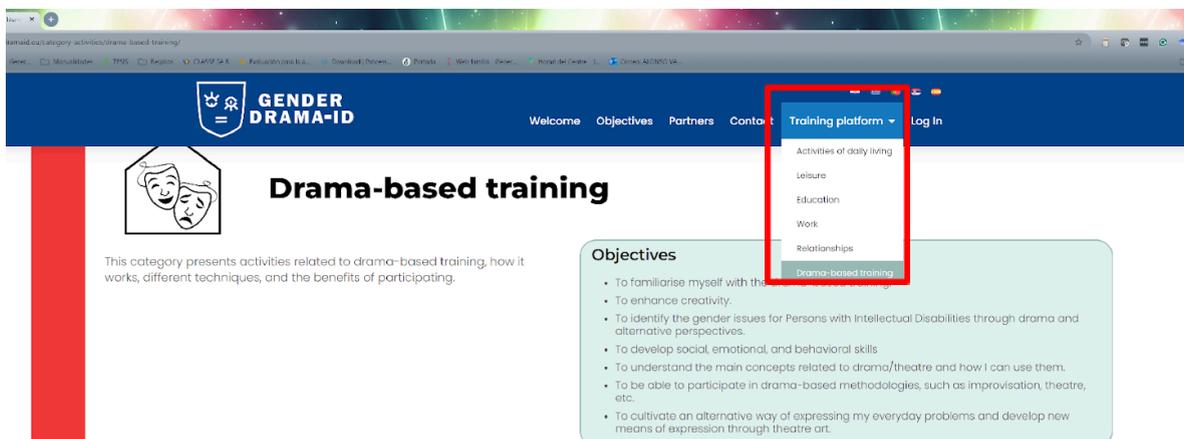


Figure 6 Top navigable bar

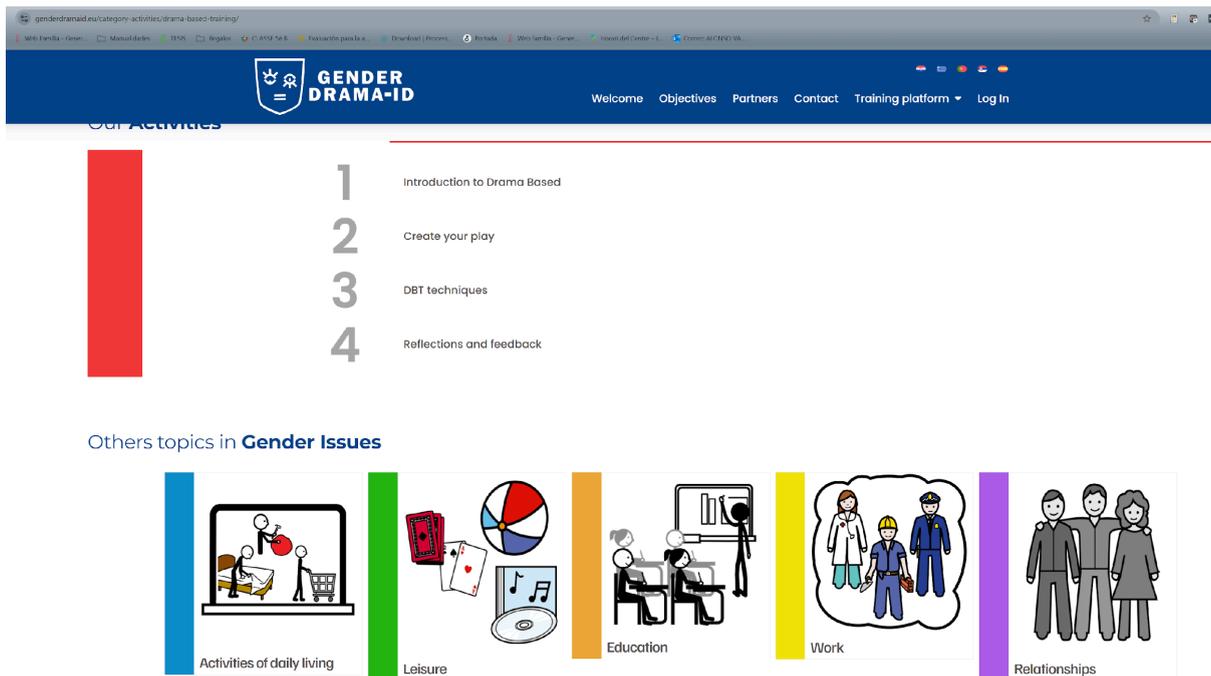
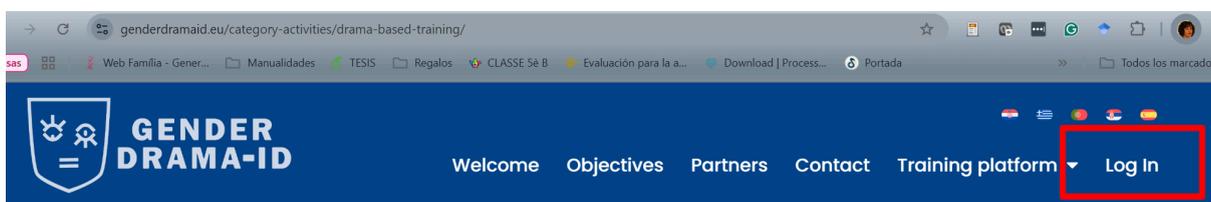


Figure 7 Bottom menu for navigating among categories

2.2. Area 2 – Private tool area

This part of the tool supports the creation and development of drama plays through the engagement in different activities proposed by the trainers and the use of digital supporting tools. Conversely, trainers would upload content and create specific activities for participants. Only enrolled trainers would have access to create and upload new content and sections.

As explained, this part is only for authenticated users (trainers and trainees). Each participant entity has its user (trainer role), and trainers can create other trainers and trainees by indicating the language, a username and a password. Users should log in to access private content within the tool.



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Figure 8 Log in functionality

Once the user is authenticated, the private content is shown under the different categories. Concretely, authenticated users can access:

Challenge tool: it allows trainers to create challenges to engage and motivate users to do concrete things. The different active challenges are listed for each activity so users can access and share their experiences and content.

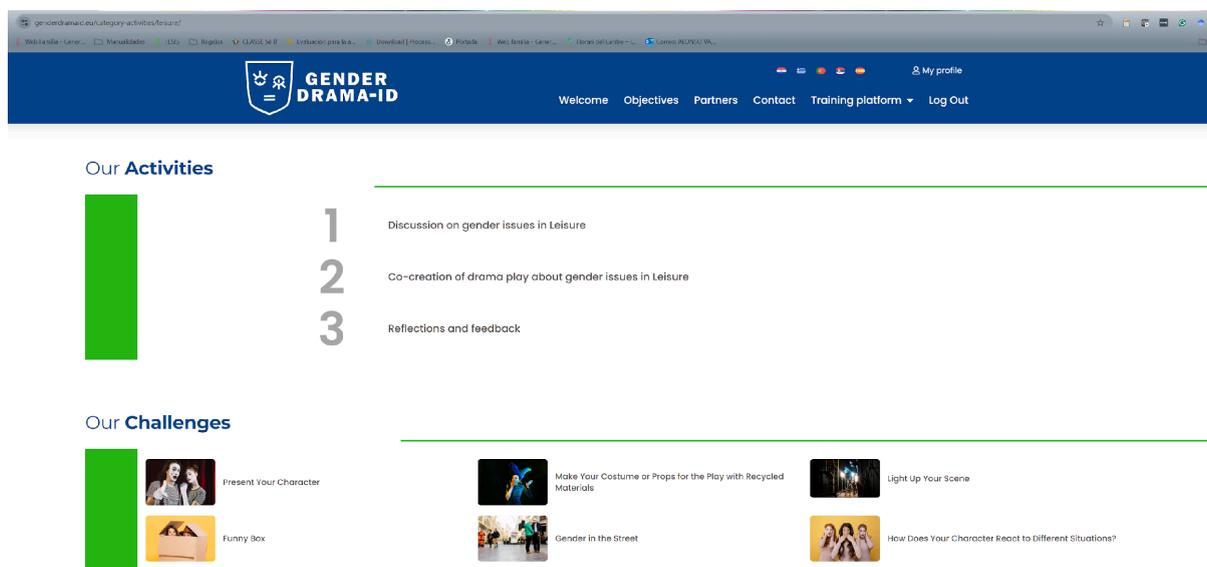


Figure 9 Challenge tool content

By clicking on one challenge, the trainee can:

- See the description of the challenge and what other trainees have shared.



Challenge from: [Activities of daily living](#)

Present Your Character



- Think of an idea for a character, costume, or hairstyle.
- Take a photo or draw your idea.
- Write a brief description of the character: gender, age, profession, personal characteristics, etc.

Figure 10 Challenge detail

- Upload its content to be shared with the rest of the project community.

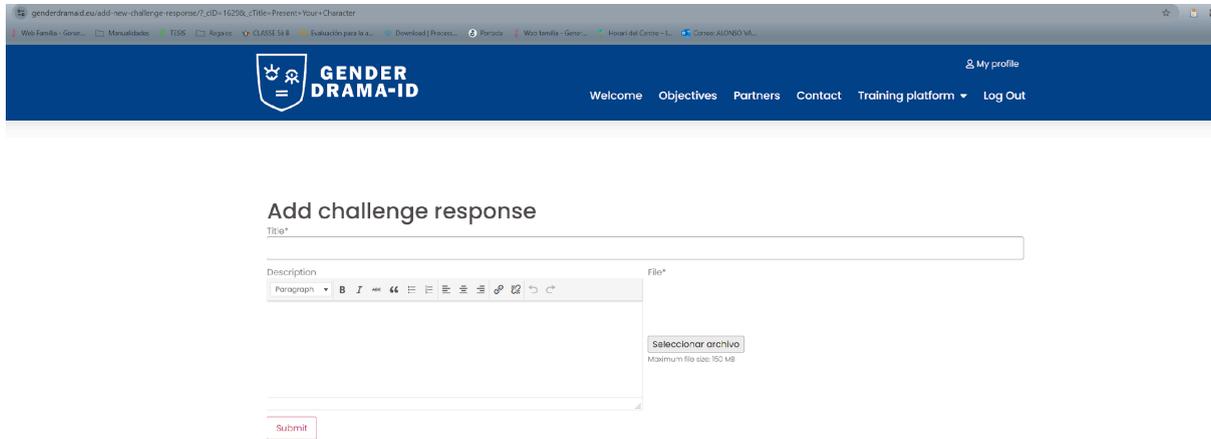


Figure 11 Add a challenge response

- Vote the content the trainee likes the most

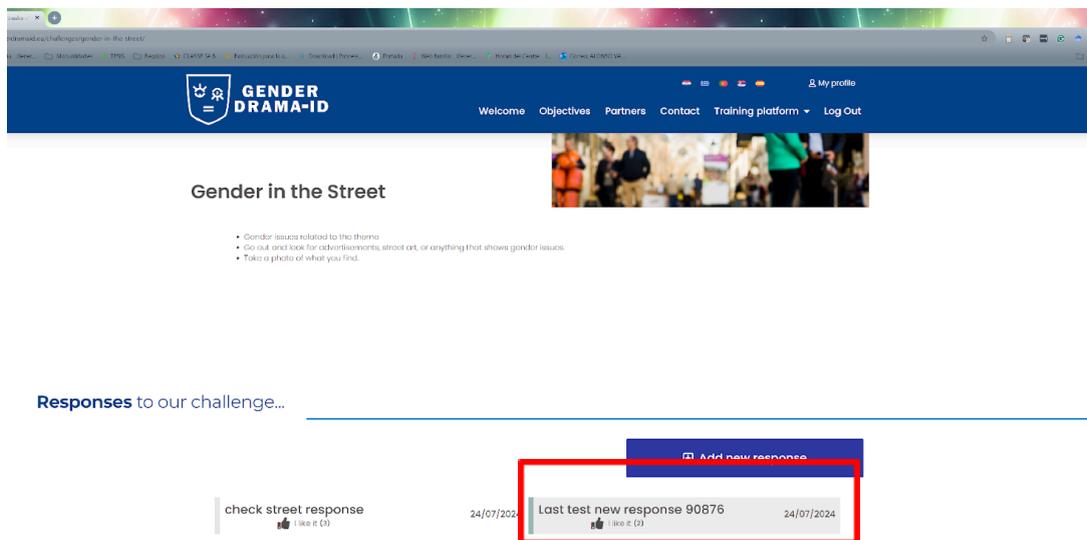


Figure 12 Vote for the preferred content

Supporting (external) tools: the tool proposes external apps and games to support the creation of a drama play. Moreover, two video tutorials were created for two apps to guide trainees' installation and use.

- The dancing tool includes a description and a video tutorial for the app dance coding for kids in all languages.

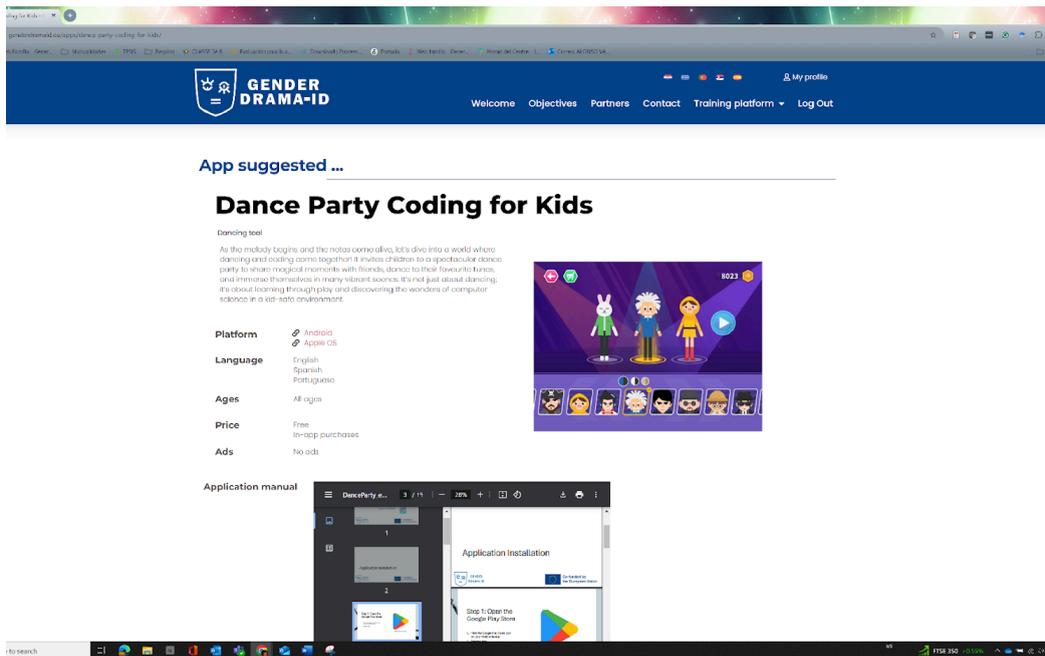


Figure 13 The app suggested for dancing

- Music tool includes a description and a video tutorial for the app groovepad – music maker in all languages.

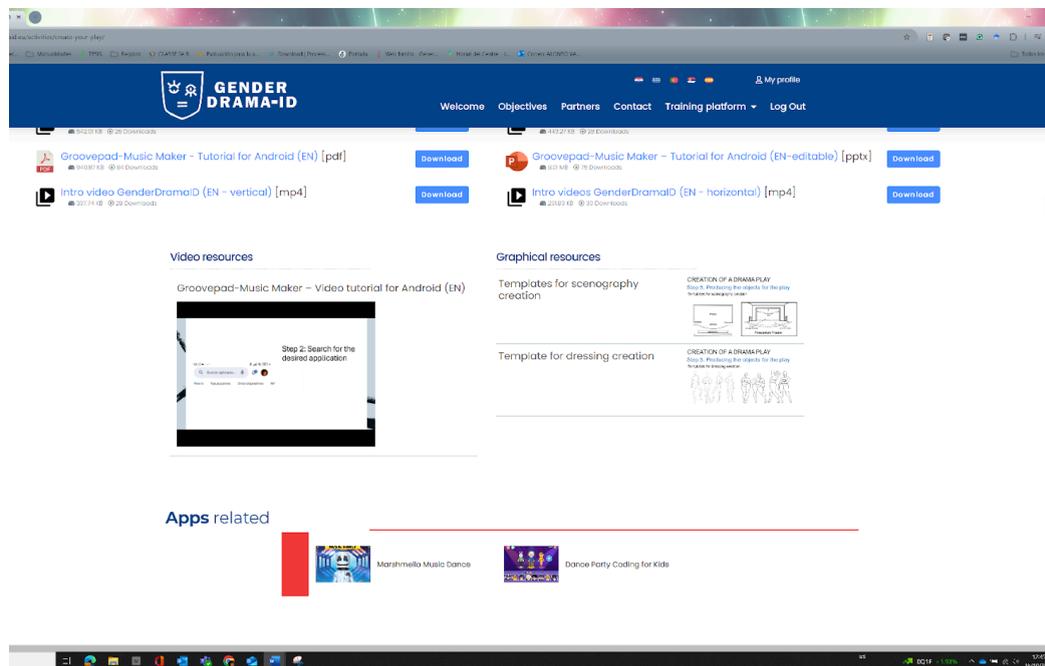


Figure 14 The app suggested for music

Video templates: video templates were created and uploaded to the tool to be used with the CapCut tool to create videos within the project. These templates include introductory and exit videos with the project logos and information.

3. Next Steps

Once the Digital Training Tool has been developed and is ready for use, it will remain validated by PID and professionals. The validation process will consist of three key steps: developing a validation methodology to assess the tool and ensure its suitability for PID. This methodology outlines evaluation criteria and feedback mechanisms. Second, supporting materials will be created to guide its use, ensuring that both evaluators and participants have the necessary resources for proper assessment. Finally, the validation is conducted with PID and professionals gathering feedback.

4. Annexes

4.1. Annex 1. Tool Manual

This section includes the Digital Training Tool manual. The figure below shows the Login option in the web menu.



Figure 3 Tool log in

By clicking on this option, you navigate to a page to identify the user:

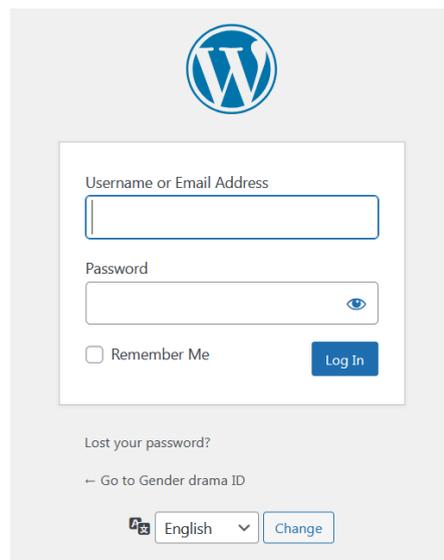
A screenshot of the WordPress login page. At the top center is the WordPress logo. Below it is a white login form with a light gray background. The form contains a text input field for 'Username or Email Address', a password input field with a toggle eye icon, a 'Remember Me' checkbox, and a blue 'Log In' button. Below the form, there is a link for 'Lost your password?' and a link for 'Go to Gender drama ID'. At the bottom, there is a language selector showing 'English' and a 'Change' button.

Figure 4 Log in page

Enter the previous access data according to the corresponding role.

You access the website but change the menu options. The "login" option becomes "Logout" (Disconnect the connected user with whom you were working), and the "Login" option will appear again to identify yourself.



Figure 5 Log out example

A "My profile" link will take us to all the navigation options according to the user role they have accessed.

- **For trainers:**

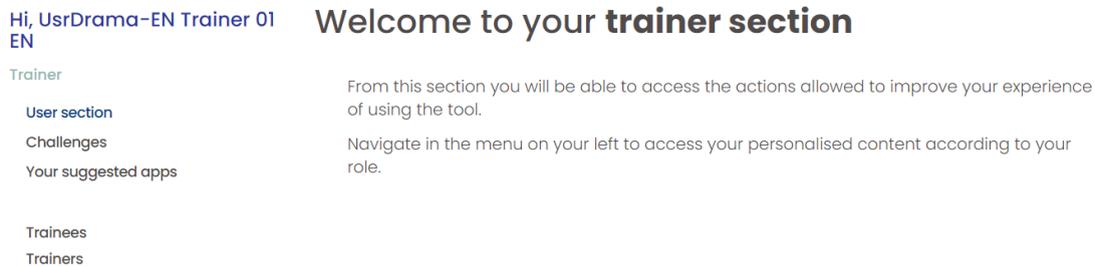


Figure 6 Trainer specific section

- Challenges: List of challenges to edit, deactivate/delete and create new challenges
- Your suggested apps: List available applications related to some of the activities on the website.
- Trainees: List of all students (in the same language as the logged-in user) for editing, deleting and creating new users with this role.
- Trainers: List all trainers (in the same language as the logged-in user) for editing, deleting and creating new users with this role.

- **For trainees:**

Hi, Drama 01 EN Surn EN

Trainees

User section

My challenges responses

My favourites challenge responses

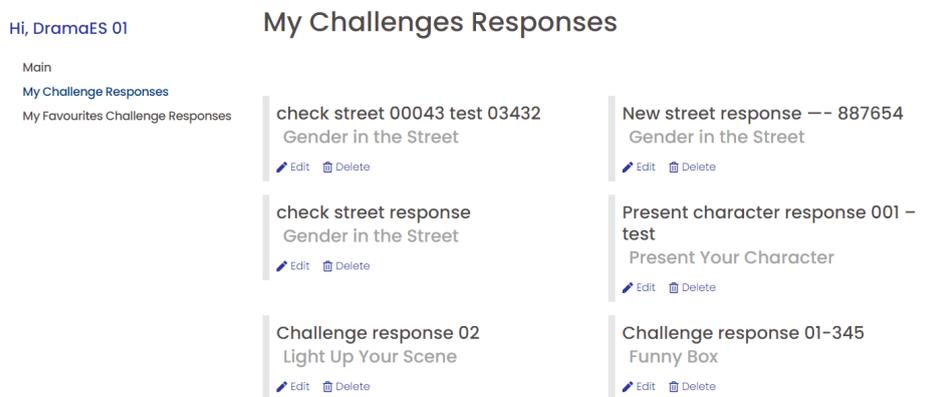
Welcome to your trainee section

From this section you will be able to access the actions allowed to improve your experience of using the tool.

Navigate in the menu on your left to access your personalised content according to your role.

Figure 7 Trainee specific section

- **My Challenge Responses:** List of the answers recorded by the logged-in user for editing and deletion if necessary



Hi, DramaES 01

Main

My Challenge Responses

My Favourites Challenge Responses

My Challenges Responses

check street 00043 test 03432 Gender in the Street Edit Delete	New street response -- 887654 Gender in the Street Edit Delete
check street response Gender in the Street Edit Delete	Present character response 001 - test Present Your Character Edit Delete
Challenge response 02 Light Up Your Scene Edit Delete	Challenge response 01-345 Funny Box Edit Delete

- **My Favourites Challenge Responses:** List of responses to challenges marked as liked by the registered user. They don't have to be created by them. It allows you to access these answers more agilely and delete the "Like" mark if necessary.

While browsing the web pages, you can access the "Our challenges" section if you are identified as a user in each of the categories of the training platform.

Gender issues in



Activities of daily living

This category includes activities related to stereotypes encountered in activities of daily living within various settings such as the marketplace, banks, public transport, etc.

Objectives

- To increase my awareness of gender issues in activities of daily living.
- To identify gender issues in activities of daily living through drama and alternative perspectives.
- To understand the main concepts related to drama/theatre and how they can be useful for me.
- To cultivate an alternative way of expressing my everyday problems and develop new means of expression through theatre.

Our **Activities**

- 1
- 2
- 3

- Discussion on gender issues in Activities of Daily Living
- Co-creation of drama play about gender issues in Activities of Daily Living
- Reflections and feedback about gender issues in activities of daily living

Our **Challenges**



Present Your Character



Funny Box



Make Your Costume or Props for the Play with Recycled Materials



Gender in the Street



Light Up Your Scene



How Does Your Character React to Different Situations?

Others topics in **Gender Issues**



Drama-based training



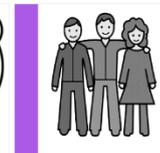
Leisure



Education



Work



Relationships

Figure 8 Challenges in a concrete category

When entering any of these challenges, the information and image corresponding to the challenge will appear, and the existing answers associated with that challenge will be listed and accessible by clicking on each. The option to add a new reply is also from the corresponding button.

Challenge from: [Activities of daily living](#)

Gender in the Street



- Gender issues related to the theme
- Go out and look for advertisements, street art, or anything that shows gender issues.
- Take a photo of what you find.

Responses to our challenge...

Add new response			
check street 00043 test 03432 👍 1 like it (1)	24/07/2024	New street response -- 887654 👍 1 like it (1)	24/07/2024
check street response 👍 1 like it (1)	24/07/2024	Last test new response 90876 👍 1 like it (2)	24/07/2024

Figure 9 Challenge detail

By clicking on “Add new response”, we will navigate to a form that must be filled in with the following information:

- Title of the answer to the challenge that is the one that then appears in the lists,
- Description if necessary and
- File to upload the necessary digital content that accompanies the answer. It can be from an image (jpg, png, gif) to a PDF, an audio (wav, aac, ogg or mp3) or even a video (mp4, mov or avi).

Add challenge response

Title*

Description

File*

Seleccionar archivo
Maximum file size: 1 GB

Submit

Figure 10 Information to be provided to participate in a challenge

Once filled in and clicked "Submit", you will return to the "My Challenge Responses" section, and the new answer will appear.

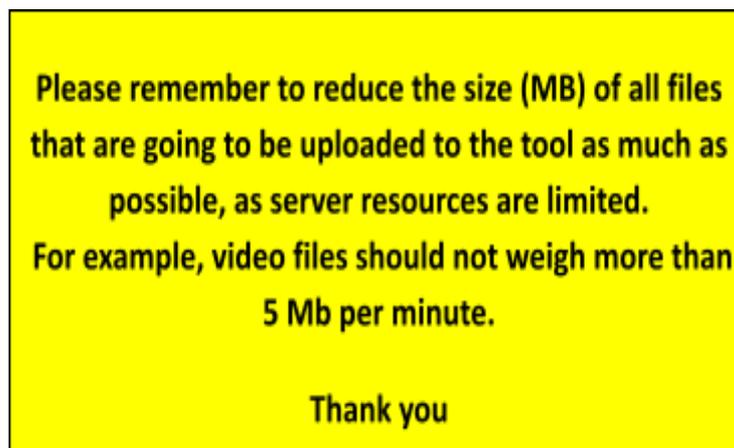


Figure 11 Advise message for content upload

In the navigation of any answer, whether it is your own or not, there is the option to mark it with "Add to my likes" and have it selected. Once marked, the text changes to "I like it" and is accompanied by the total number of users who have also marked it. If you click on this option, navigate to the "My Favourites Challenge Responses" section.

From challenge

Light Up Your Scene

Challenge response

Challenge response 02

Created: 23 - February - 2024

Author: dramaES 01

👍 I like it (2)

Description challenge response 01.
Quisque sodales ligula vel scelerisque porta. Duis purus tellus, lacinia et pulvinar sit amet, faucibus a ligula. In hac habitasse platea dictumst.

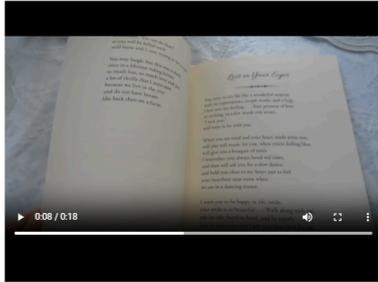


Figure 12 Challenge response

4.2. Annex 2. Supporting tools manuals

As explained in this document, two external games were proposed from the project to support the creation of a drama play, one for dancing and another for music. Moreover, two video tutorials were created for two apps to guide trainees' installation and use. Both tutorials in English are included, although they were translated into all project official languages.

This section also includes a tutorial for the video editing application Capcut, which was selected to support PID and professionals in editing videos for the drama play creation.

4.2.1. Dancing: app dance coding for kids tutorial

Dance Party Coding for Kids

App tutorial for Android



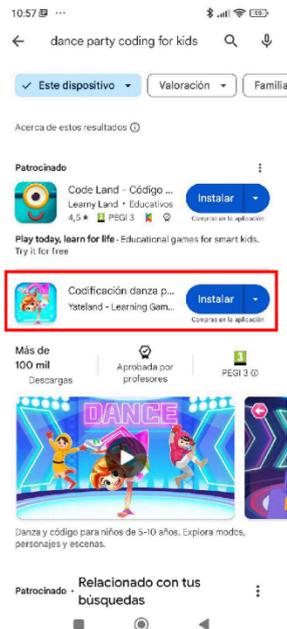
Application Installation

Step 1: Open the Google Play Store

1. Find the Google Play Store icon on your mobile device.
2. Tap the icon.



Google play store icon

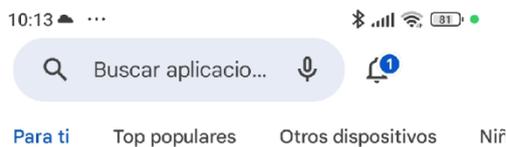


Step 3: Select the application and install

If your device is compatible, you'll see a "Install" button.

1. Tap it to download.
2. Tapping it will install it automatically.

If it's not compatible, you won't be able to install it.



Step 2: Search for the desired application

- Once inside the Google Play Store, you'll see a search bar at the top of the screen.
- Here, type the name of the application: Dance party coding for kids

Step 5: Open the app

You'll find the application icon in your device's menu, ready to use whenever you want.



How to use the app: Dance Party coding for kids



Let's start:

Click Play button to start.

The app has
two playing
modes:

1. Story
2. Creation



Trophy:

In Trophy, you can see the trophies you have earned by playing.



Story: It is a memory game.
You must remember the
dance steps and reproduce
them with your character

1. Select the scenario



Story

2. Select the level

You must complete the different levels to progress and reach the end.

You cannot move on to the next level until you have completed the current one.

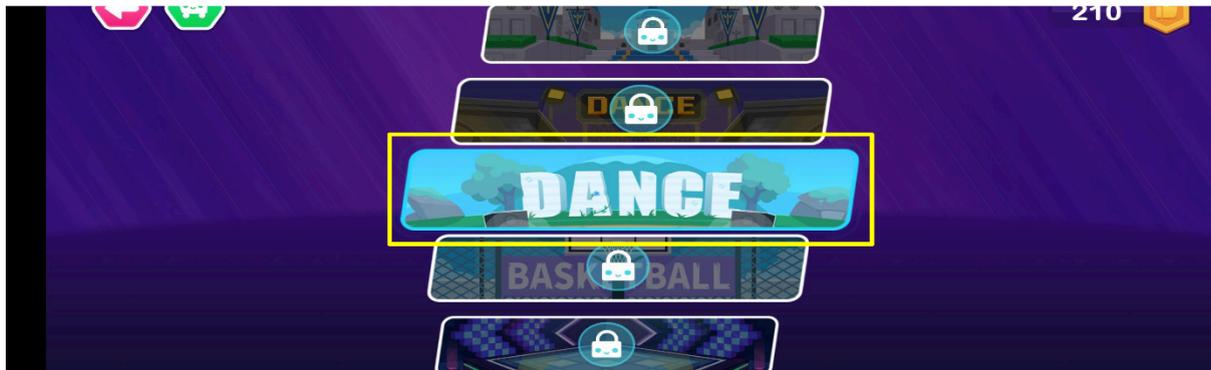


Story

3. Select the player

4. Click Play

5. Let's play! Follow the game instructions



Creation: It is a choreography game.
You can create your own dance.

1. Select the mode from
the available options



Creation

2. Select the players
3. Click Play



4. Let's create your choreography by adding movements
5. Let's see the choreography by clicking Play

Creation

Purchases

This game has the option to purchase:

- Moves.
- Scenarios.
- Characters.

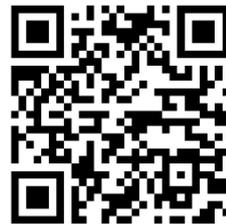
Do not go into this option.

Do not press the green icon in the top left corner.



Remember that the
application has ads.
When they appear, you'll
have to wait a bit before
you can close them and
continue playing.

Thanks!
Visit our web for more
information



4.2.2. Music: groovepad – music maker tutorial

Groovepad - Music Maker

App tutorial for Android



Application Installation

Step 1: Open the Google Play Store

1. Find the Google Play Store icon on your mobile device.
2. Tap the icon.

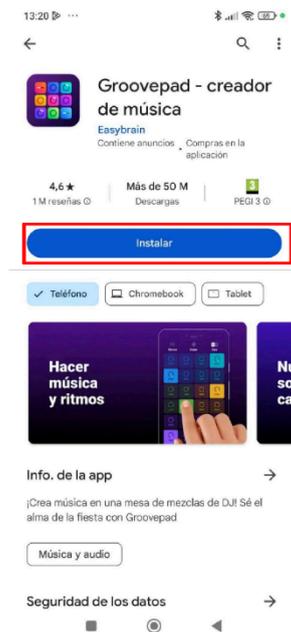


Google play store icon

Step 2: Search for the desired application



- Once inside the Google Play Store, you'll see a search bar at the top of the screen.
- Here, type the name of the application: Groovepad music maker



Step 3: Select the application and install

If your device is compatible, you'll see a "Install" button.

1. Tap it to download.
2. Tapping it will install it automatically.

If it's not compatible, you won't be able to install it.



Step 4: Accept the terms and Privacy Policy on the welcome screen

1. Click Accept
2. Allow Groovepad to send notifications.

Step 5: Open the app

You'll find the application icon in your device's menu, ready to use whenever you want.



How to use the app: Groovepad - Music Maker

With this app, you can:

- Create, play, and learn music.



With this app, you can:

- The lessons will be unlocked as you progress.





With this app, you can:

- Record your own music. The music you record will appear in the "My Recordings" section.

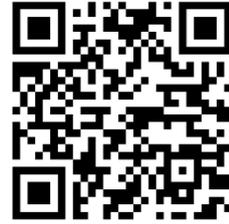


Remember that the application has ads.

When they appear, you'll have to wait a bit before you can close them and continue playing.



Thanks!
Visit our web for more
information



4.2.3. Video Editing Tool Tutorial



CapCut

Video Editing Tool Tutorial

App tutorial for Android

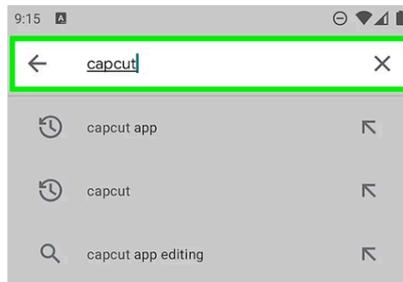
Application Installation

Step 1: Open the Google Play Store

1. Find the Google Play Store icon on your mobile device.
2. Tap the icon.

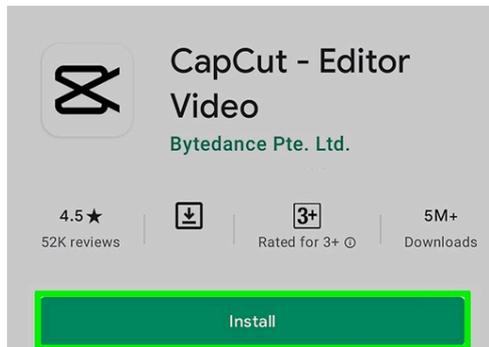


Google play store icon



Step 2: Search for the desired application

- Once inside the Google Play Store, you'll see a search bar at the top of the screen.
- Here, type the name of the application: capcut



Step 3: Select the application and install

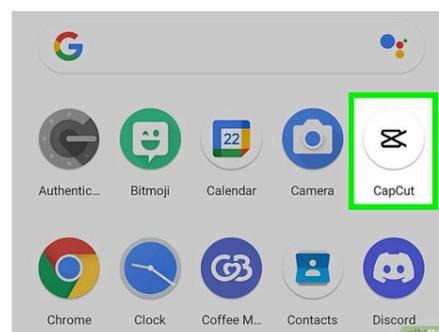
If your device is compatible, you'll see a "Install" button.

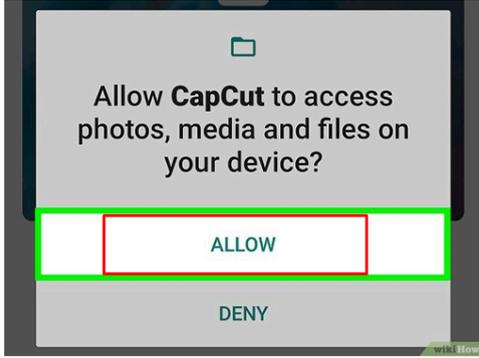
1. Tap it to download.
2. Tapping it will install it automatically.

If it's not compatible, you won't be able to install it.

Step 4: Open the app

You'll find the application icon in your device's menu, ready to use whenever you want.





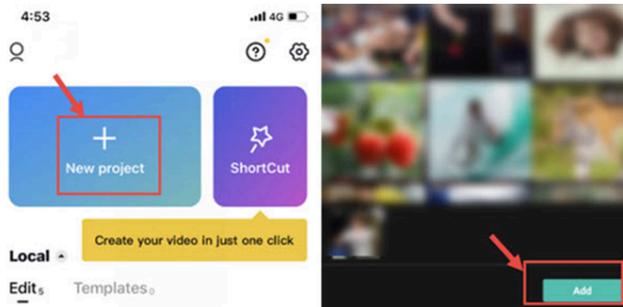
Step 4: Accept the terms and Privacy Policy on the welcome screen

1. Click Accept
2. Allows access to your mobile multimedia resources



How to use the app:





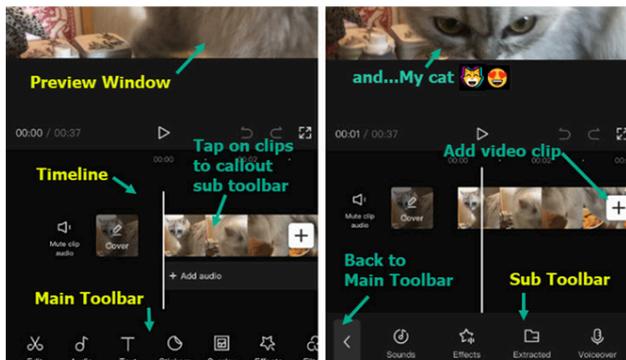
Step 1. Tap the "New Project" icon to create a project.

Step 2. Tap to select one or multiple video clips and hit Add.

Step 3. Start editing on the timeline.

Note: CapCut also has a desktop version so that you can edit videos on a bigger screen more easily.

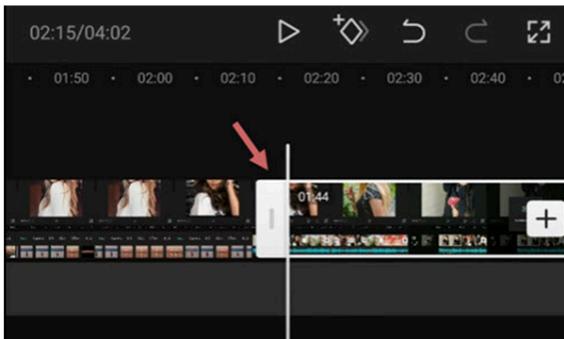
How to Use CapCut App



- **Preview Window:** You can playback video, or pinch, drag, rotate and interact with the clips directly in side the preview window.
- **Timeline:** You can assemble, arrange, and apply edits to video, audio, overlay, effects, and text tracks.
- **Main Toolbar:** All the tools you need can be found here. The Main Toolbar shows up when there is no clip selected on the timeline.
- **Sub Toolbar:** They are toolbars dedicated for different tracks and clips on the timeline. For instance, there are sub toolbars for videos clips, text, audio, overlays and so on.

Introducing the CapCut Interface

How to Trim Videos in CapCut



After adding videos to the timeline, follow these steps to trim videos in CapCut:

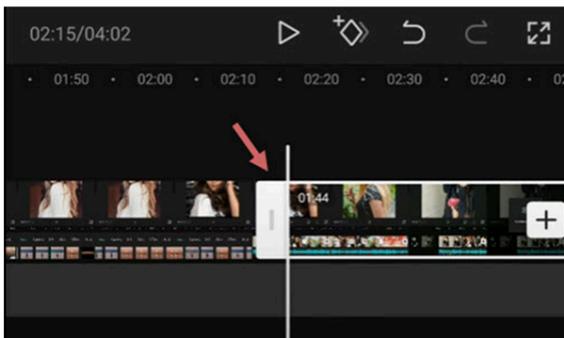
1. Tap the video clip, you shall see white frames around it.
2. Tap and hold on the white edge, and drag it to trim the video.
3. You can also drag the opposite position to retrieve trimmed parts.

When you are trimming videos by dragging the edges, the adjacent clips will move along. In this way, there won't be gaps (and hence black screens) in your project.

If you want to trim out a section in the middle, you need to split the footage, and delete the clip in the middle.

How to Do Basic Editing in CapCut

How to Split Clips in CapCut



To split a video clip in CapCut, follow these steps:

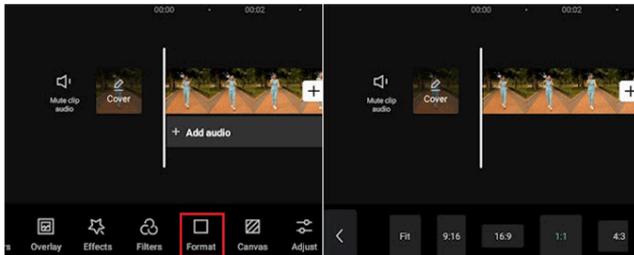
1. Tap the video clip to make sure it is selected.
2. Hit the Split icon at the bottom of CapCut.

By splitting the video, you can perform the following edits:

- Add transitions in between after creating the split;
- Remove unwanted parts by tapping the split clip, and hit the Delete icon at the bottom of the screen;
- Insert new clips in between two video clips.

How to Do Basic Editing in CapCut

How to Resize Videos in CapCut (1/2)



When you are trying to share videos to certain social platforms, the original video you created for another platform may not fit. Resizing videos in CapCut can make your video best fit the social media, and offer better viewing experiences for your followers.

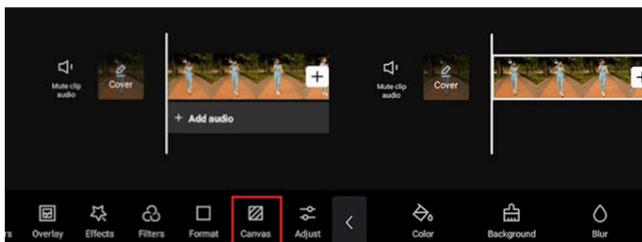
To resize videos in CapCut, follow these steps:

1. Tap the video clip that you want to change size.
2. Tap the **Format** icon at the bottom of the editor.
3. Choose a different aspect ratio.

For instance, if you want to change horizontal videos to vertical, so as to better fit TikTok, you can use the 9:16 dimension.

How to Do Basic Editing in CapCut

How to Resize Videos in CapCut (2/2)

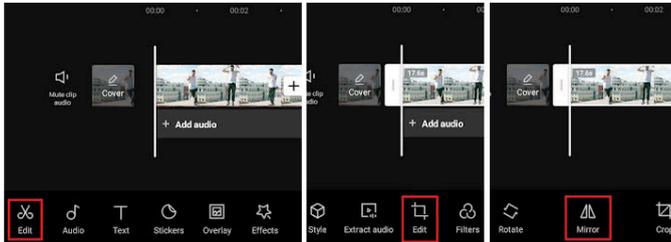


When resizing the video, it is inevitable that some parts may be cropped, or are surrounded by black bars. In such a case, you can use the Canvas feature to polish the video.

1. After change format, tap the Canvas icon on the toolbar at the bottom screen.
2. Tap the Color icon to change background color.
3. Use the Background feature to add pictures as the video background.

How to Do Basic Editing in CapCut

How to Mirror Video in CapCut



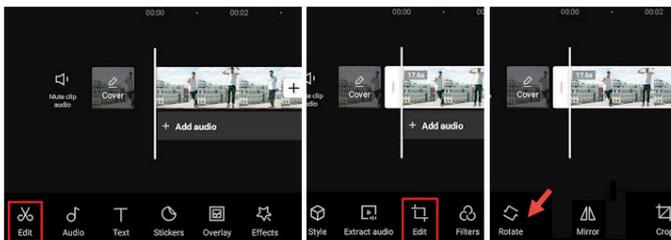
Mirror a video is a way to flip the video horizontally, or to create an interesting effect when two videos are put together side by side, while each one is mirrored to the other on the horizontal axis.

To mirror a video horizontally in CapCut, follow these steps:

1. After importing the video clips into CapCut.
2. You shall see the toolbar pop up at the bottom, tap the **Edit** menu.
3. Here will be another **Edit** option right between the Extract Audio and Filters tool, tap it.
4. Hit the Mirror tool inside the Edit option.

How to Do Basic Editing in CapCut

How to Rotate Video in CapCut



In CapCut, you can rotate the video to fix wrong orientations, or create the trendy rotation effects that features video zooming and rotating in animation.

Rotate Video in CapCut to Change Orientation

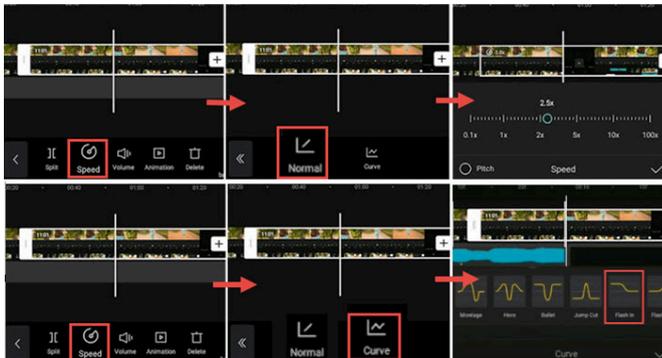
1. Create a new project, add video clips from your camera roll, and Hit the **Add** button.
2. Hit the first **Edit** button to go inside the video editing toolbar.
3. Tap the second Edit button, and hit **Rotate**.

Note:

If you want to rotate part of the video instead of the entire video clip, tap on the footage and **split** it before using the rotate function.

How to Do Basic Editing in CapCut

How to Change Speed in CapCut



CapCut offers two modes to change speed: **Normal** or **Curve**.

The Normal option allows you to speed up or slow down the video at a constant speed, such as 2x, 4x, 8x, etc.; the Curve option opens up to more editing possibilities, with the speed changing non-linearly to create impactful speed ramping effects.

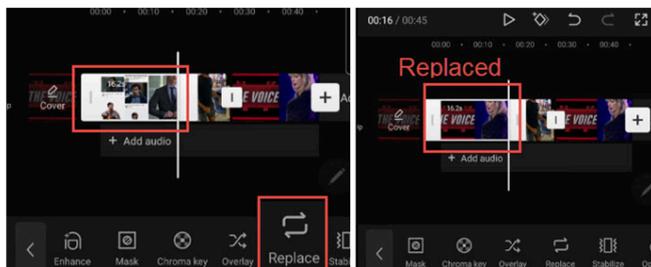
1. To use the constant speed modifier in CapCut, follow these steps:
2. Tap the video clip on the timeline, and hit the Speed icon.
3. Hit the Normal option to change the speed at the constant rate.
4. Drag the slider the slow down video to 0.1x or speed up to 100x.

You can toggle the Pitch option to decide whether to alter audio pitch when the video speed is changed.

With the speed modifier in CapCut, you can make interesting Slomo video (Slow motion) to highlight a key moment, such as creating the bullet time effects.

How to Do Basic Editing in CapCut

How to Replace a Clip in CapCut

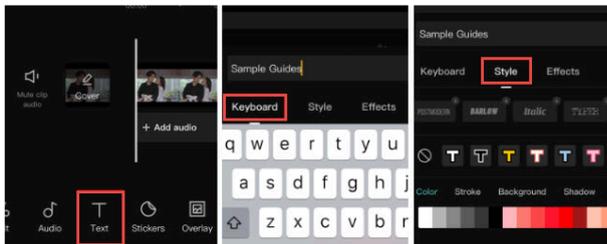


Replacing videos or pictures in CapCut is a handy feature. With it, you don't need to go through the hassle of trimming and adjusting the length of the newly add video clip to make it fit in, or re-apply effects again. The replaced video clip shares the same duration and effects of the original clip. To use the constant speed modifier in CapCut, follow these steps:

1. Tap on the video clip that you want to replace. If you prefer to replace part of the footage, you can use the Split tool to cut up the footage, and tap the segment to swap.
2. Tap and swipe the toolbar at the bottom, all the way to the right until you see the Replace icon.
3. Tap Replace and find the video clip that you want to add.

How to Do Basic Editing in CapCut

How to Add Text in CapCut



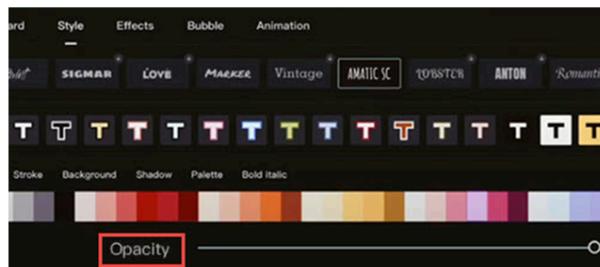
Adding text is easy and quick in CapCut:

1. Create a New Project and import video, audio, pictures when needed.
2. Tap the Text icon at the bottom toolbar.
3. Type in the text as you like, and adjust its color, fonts, shadow, etc.
4. After adding text to the timeline, you can drag its edge to make it longer or shorter, depending on how long you prefer it the stay on the screen.

Next to the Style tab for text, you can also apply Effects, Bubble, and Animation to the Text. Since they are presets, you don't need advanced editing skills to deal with the settings.

How to Edit Text in CapCut

How to Make Text Transparent in CapCut

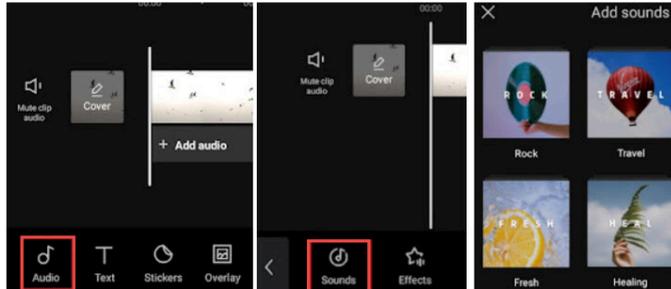


After adding text to the video in CapCut, you can adjust its transparency to create nice styles. For instance, it can be used as a way to add watermarks to the videos in CapCut.

1. Tap Text icon, type in the text as you like, and hit the confirm button.
2. In the style tab, drag the Opacity slider to change the transparency of the text and titles.

How to Edit Text in CapCut

How to Add Audio in CapCut



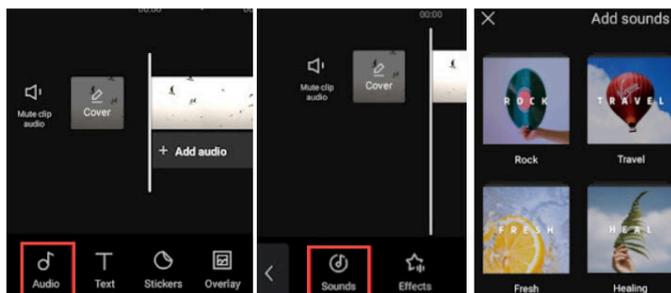
You can add background music, sound effects and other audio to the video by using the stock audio library in CapCut. These stock media files are royalty free, meaning you can upload the video to YouTube and other social platforms without copyright infringement.

Besides using stock music, you can also use CapCut to extract music from your favorite videos. With this method, you might not be able to share the video to the public, but only for personal sharing.

1. Add the footage to a new project, and tap the Audio icon at the toolbar.
2. Hit Sounds to open up the stock library, and pick your favorite track to add.
3. You can tap on the added audio clip to trim, split or change its speed.

How to Edit Audio in CapCut

How to Change Audio Volume in CapCut

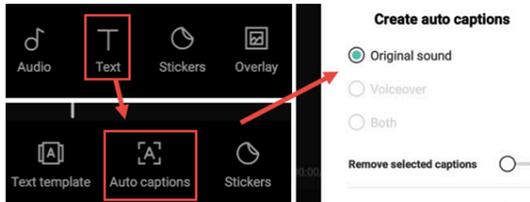


To make video louder or mute it, you can use the volume option in audio editing.

1. For background music and environment sound inside the video, you can tap on the video track, and hit the **Volume** icon to change the loudness.
2. You can also tap on the video, hit **Extract** to separate that audio onto the dedicated audiotrack. Then you can tap the audio clip and use the **Volume** tool on it.

How to Edit Audio in CapCut

How to Use Auto Caption in CapCut

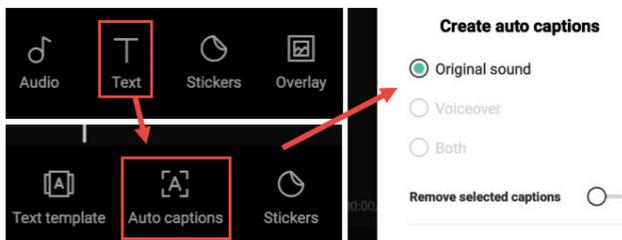


If you love the speech to text feature in TikTok, chances are you will also be needing the speech to text feature. Using CapCut, you can turn video sound to captions automatically, thus saving time as you won't need to manually add captions.

1. Create a new project and add the video.
2. Hit the Text icon from the toolbar. Do not tap on the video, otherwise, you will be directed to the video editing toolbar, where you won't see the Text icon.
3. Hit Auto Captions. It sits in between the Text template and Stickers features.
4. Choose to create auto captions from the original sound in the video, voiceover, or both.
5. Wait for the app to finish analyzing and adding the text as captions.
6. You can playback and check if the caption is accurate. If you prefer to make adjustments, tap the Batch Edit icon to callout the keyboard, and correct the word when needed.

How to Edit Audio in CapCut

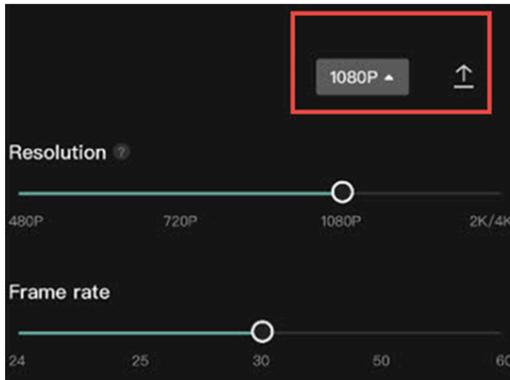
Captions and Transcription



Captions are becoming increasingly popular since it makes videos more accessible to users. With CapCut, add Auto captions, Manual captions, or Auto lyrics. By selecting Auto-captions, the tool will automatically detect any speech in the video, which you can edit in case of errors. Manual captions give you the option to add your captions. You can add as many new captions and adjust them within your timeline. Auto-lyrics will automatically generate the lyrics based on the audio in the video.

If your video has a longer transcript, you can edit your video based on this. Select the language, and which track you want to transcribe. This will break up each transcript by Speaker, allowing you to see at which times there is speaking.

How to Edit Audio in CapCut



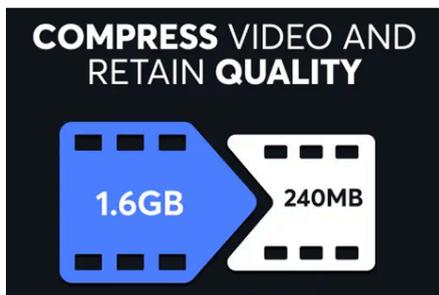
After finish editing the video, you can click the Export button in the top right corner.

CapCut support exporting video up to 4K, here are the export settings to tweak with:

- **Resolution:** 480p, 720p, 1080p, 2K/4K
- **Frame Rate:** 24, 25, 30, 50, 60
- **Smart HDR:** Option to turn video into "smart" HDR video

How to Export the Video from CapCut

What is Video Compression, and Why Does It Matter?



Video compression is the process of reducing the file size of a video while still maintaining an acceptable level of visual and audio quality. The advantages of using this method are varied but relate mainly to storage, transmission, and playback efficiency.

Now, it's important to keep in mind that compression can be a delicate balance between reducing file size and maintaining acceptable video quality and bitrate. Specifically, overcompression can result in a noticeable loss of quality, artifacts, and pixelation (and under-compression in just a very large file!).

How to Compress a Video and Retain Quality

How to compress a video (an online video compressor)?

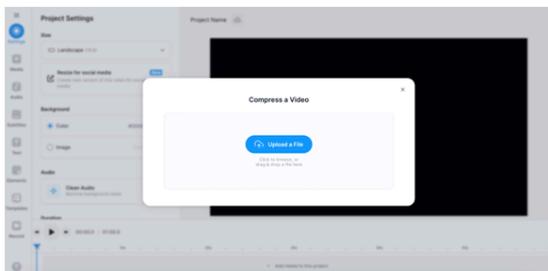


VEED is an online video editor that offers a completely free, fast, and easy [online video compressor](#). Because it's an online tool, you don't need a high-end computer to use it (or use up precious storage space since it's cloud-based).

VEED is not only one of the fastest compressors, but also lets you create [persuasive video content](#) like a pro with ease.

How to Compress a Video and Retain Quality

Step 1: Go to the Online Video Compressor and Upload the Video You Wish to Compress

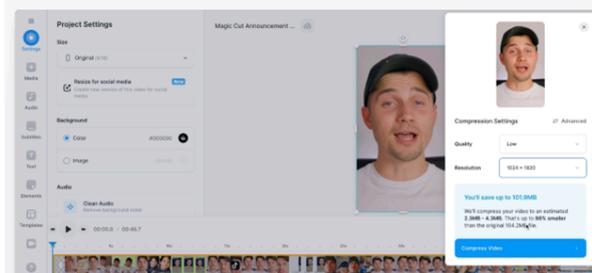


Go to [VEED's online video compressor](#). Click on the **Compress a video** button to upload your video file. You'll then be redirected to the editor, where you'll be prompted to upload your file. You can do this by either browsing to the file on your device, or dragging and dropping it directly to the editor.

VEED supports video files in these formats: MP4, MOV, MKV, AVI, WMV or FLV.

How to Compress a Video and Retain Quality

Step 2: Choose the Desired Quality and Resolution for Your Video



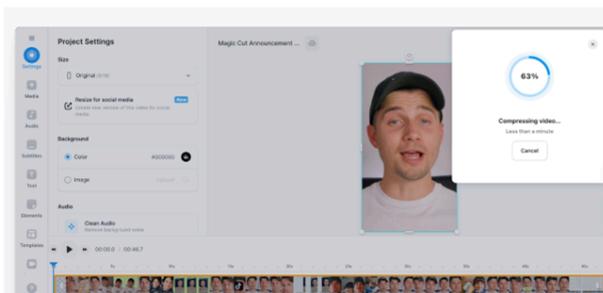
Once your video file is uploaded, select from either Low, Medium, or High setting. The lower the quality of your video, the more it will get compressed.

Similarly, pick a video resolution (the compressor will always set the original resolution by default).

At the bottom of the screen, you'll be able to see how much you will save in terms of the video size post-compression. The tool will also tell you how much your compressed video will be in comparison to the original one. This information will change in real time as you adjust the quality settings and the video resolution.

How to Compress a Video and Retain Quality

Step 3: Click on Compress Video and Download



VEED will now begin to compress your video. Depending on how big your video is and your compression settings, it can take anywhere from some seconds to a few minutes.

Once done, click on Download file to download and save the compressed file on your device.

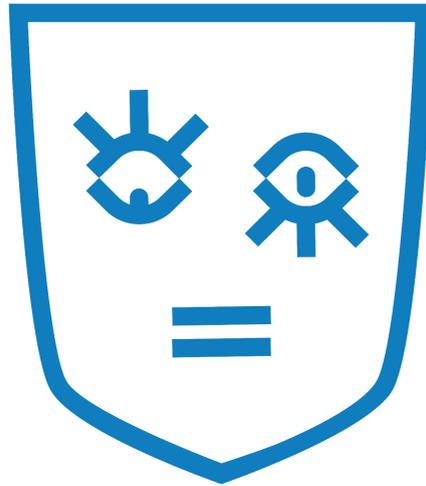
How to Compress a Video and Retain Quality

*This is a brief guide with the basic steps for editing videos with CapCut.
On the Internet you can access more updated content with more details
on all the possibilities of the tool.*



Thanks!

Visit our web for more information



GENDER DRAMA-ID

TEAM



Fevadis



Cedeum



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